**Swimmers Achieve Rare Feat**

Five swimmers from the Yarrawonga/Mulwala Swimming Club competed in a total of 13 events at the Victorian Country Short Course Swimming Championships in Wangaratta over the 19 and 20 August 2017.

Amongst fierce competition, nerves and following a solid preparation the five swimmers managed to ensure that every swim resulted in a personal best time with the smallest improvement being 0.82 seconds by Chloe Hart in her 100m Backstroke and the biggest improvement being 9.73 seconds by Hugh Mullins in his 200m Individual Medley. On average, the swimmer’s personal best time was around 2 seconds.

‘These were fantastic results that have demonstrated that the changes in technique that have been made are starting to take affect’ stated Lyndon Hart (Head Coach). Lyndon went on to say that those swimmers who have also been training can take a positive from these results that improvement in their times will occur.

Results were as follows:

Hugh Mullins: 12-13yrs 100m Backstroke 1:15.54

12-13yrs 200m Individual Medley 2:44.08

12-13yrs 100m Freestyle 1:03.74

12-13yrs 100m Breaststroke 1:25.38

12-13yrs 100m Individual Medley 1:13.47

Torah Duffy: 11 & Under 50m Breaststroke 48.46

11 & Under 50m Freestyle 34.63

Chloe Hart: 12-13yrs 100m Backstroke 1:21.18

Eliza Shiels: 14-15yrs 100m Backstroke 1:17.23

Nicole Shiels: 14-15yrs 100m Individual Medley 1:15.15

14-15yrs 200m Individual Medley 2:45.00

14-15yrs 100m Freestyle 1:08.48

14-15yrs 100m Breaststroke 1:23.29