**Fraser Nagle Claims Bronze**

**at the**

**2022 Victorian State Country Long Course Championships**

Yarrawonga/Mulwala Swimming Club swimmer Fraser Nagle finished third at the 2022 Victorian Country Long Course Swimming Championships in the 11yr and Under 50m Butterfly on Monday 24th January 2022 in a personal best time of 37.38 seconds. Fraser has also become the first 11yr old swimmer from the club to make all four individual finals at this event.

Country Victoria’s best swimmers competed in the 2022 Victorian State Country Long Course Championships held in Mildura from 22-24 January 2022. Among them were 5 competitors representing the Yarrawonga/Mulwala Swimming Club.

Swimmers – Lara Angwin, Emily Buerckner, Annabel Hart, Fraser Nagle and Isobel Nagle competed in 11 individual events placing inside the top 8 four times. Two female relay teams.

At the conclusion of the weekend the Yarrawonga/Mulwala Swimming Club found itself ranked 21st in Country Victoria out of 37 competing swimming clubs.

Head Coach, Lyndon Hart said, “The results achieved were fantastic and a credit to the swimmers’ efforts they displayed during a rather interrupted season.”

Lyndon went on to say, “Imagine what these swimmers and the other 90 swimmers in the club could achieve if the Moria Shire had a vision and a plan to build an indoor pool in Yarrawonga.”

On behalf of the Yarrawonga Mulwala Swimming Club, Lyndon thanked Coach Kevin White for all his time and effort coaching the swimmers in the lead up and throughout the competition. Lyndon also thanked the Team Manager – Paula Nagle and the parents who attended and the Swimming Club for their support.

The Swimming Club’s focus now shifts to the Ovens & Murray Championships to be held on the 6 & 13 February 2022 in Wangaratta and the All-Juniors Selections in late February.

Results were as follows:

**Individual Results**

Lara Angwin

12 100m Freestyle 1:16.56 – 23rd

12 100m Backstroke 1:28.79 – 18th

Emily Buerckner

12 100m Breaststroke 1:40.32 – 16th

Annabel Hart

14-15yr 100m Backstroke 1:22.77 – 32nd

Fraser Nagle

11&U 50m Backstroke 39.44 – 4th (PB)

*11&U 50m Backstroke Final 39.30 – 4th (PB)*

11&U 50m Freestyle 33.52 – 6th

*11&U 50m Freestyle Final 33.09 – 5th*

11&U 50m Butterfly 38.08 – 4th (PB)

*11&U 50m Butterfly Final 37.38 – 3rd (PB)*

11&U 50m Breaststroke 47.82 – 8th (PB)

*11&U 50m Breaststroke 47.74 – 8th (PB)*

Isobel Nagle

14-15yr 100m Backstroke 1:26.25 – 29th

14-15yr 100m Freestyle 1:07.86 – 25th

**Relay Results**

Girls 16&U 200m Freestyle Relay 2:11.37 - 20th (PB)

Annabel Hart, Isobel Nagle, Lara Angwin and Emily Buerckner,

Girls 16&U 200m Medley Relay 2:32.68 - 19th (PB)

Annabel Hart, Emily Buerckner, Isobel Nagle, Lara Angwin