**Fraser Nagle Claims Bronze**

**at the**

**2022 Victorian Country Short Course Championships**

Yarrawonga/Mulwala Swimming Club swimmer Fraser Nagle finished third at the 2022 Victorian Country Short Course Swimming Championships in the 11yr and Under 100m Freestyle on Sunday 31 July 2022 in a personal best time of 1:11.06 an improvement of 3.94seconds.

Country Victoria’s best swimmers competed in the 2022 Victorian Country Short Course Championships held in Ballarat from 30-31 July 2022. Among them were 3 competitors representing the Yarrawonga/Mulwala Swimming Club.

Swimmers – Finn Angwin, Jesse McDonald and Fraser Nagle competed in 9 individual events placing in the top 4 four times.

At the conclusion of the weekend the Yarrawonga/Mulwala Swimming Club Men’s Team found itself ranked equal 16th in Country Victoria out of 36 competing swimming clubs.

Head Coach, Lyndon Hart said, “Fraser improved with each swim over the weekend finishing with his third place in his fifth and final event of the meet. He thoroughly deserved this result and I look forward to seeing how Fraser develops over the coming months as he progresses to compete in 100m events frequently.”

Lyndon went on to say, “It was great exposure for Finn and Jesse who competed at their first Victorian Country Short Course Swimming Championships and the results achieved were fantastic and a credit to the swimmers’ efforts over the past 13 weeks.”

The Swimming Club’s focus now shifts to the upcoming long course season and the Victorian Country Long Swimming Championships which will be held in Wangaratta from the 21 January 2023 to 23 January 2023.

Results were as follows:

**Individual Results**

Finn Angwin

 11&U 50m Breaststroke 51.12 – 27th

Jesse McDonald

14-15yr 100m Butterfly 1:19.02 – 38th (PB)

14-15yr 100m Breaststroke 1:22.32 – 27th (PB)

Fraser Nagle

11&U 50m Butterfly 38.35 – 10th

 11&U 100m Individual Medley 1:27.79 – 10th

 11&U 50m Backstroke 39.11 – 8th (PB)

 11&U 50m Breaststroke 43.72 – 4th (PB)

 11&U 50m Freestyle 32.11 – 5th

 11&U 100m Freestyle 1:11.06 – 3rd (PB)